

Self Help & Support



Alberta Works & Supports

9603 90 Ave, Peace River AB
8:15 am – 4:30 pm M-F, closed statutory holidays
Phone: 780.624.6135
Fax: 780.624.6476
1-877-644-9992

Alberta Works Centre can help with financial support, employment services and career resources.

Alberta Supports can connect you to benefits and services for seniors, disabilities, low income, bullying, family violence, homelessness and more.

www.albertasupports.ca

Alcoholics Anonymous (AA)

Peer support for those that have a desire to stop drinking

Wednesday, 8 pm

St John's United Anglican Church Basement

Address: 109, 1 Ave SW

Contact: 780.897-6161

AL-ANON Family Groups

Self help for friends and family of alcoholics

Contact: 780.836.2664

Family & Community Support Services

#413 Main Street, Manning

Phone: 780.836.2170

Email: famcss@telusplanet.net

Information and Referrals-Information is provided and/or referrals are made regarding local and external programs and Services.

Assistance with Forms-FCSS assists community members with a variety of forms.

FCSS delivers a variety of preventative programming and information sessions.

Check out the Facebook Page!

Food Bank Society (Manning & Area)

#112- 2nd Ave SW, Manning

Thursday, 10am-4pm, closed at noon

Phone: 780.836.2664

Manning Community

Adult Learning & Literacy (MCALL)

#112 2nd Ave SW, Manning

Phone: 780.836.2664

Fax: 780.836.4329

aduldkimz@gmail.com

www.manninglearningcentre.com

- Reading & Writing & Numeracy
- English Language Learning
- Basic Computers & Digital Skills
- Public Internet access
- Family Literacy
- Online Learning
- Employment Job Board & Services
- GED prep Courses
- Workplace Skills
- Educational Referrals

Palliative Care Society

Provides emotional, spiritual, and physical support for palliative patients and their families.

Yellow House Thrift Store

#121, 4th Ave SW

Box 127, Manning, AB T0H 2M0

Erica Whillans 780.836.2183

Tuesday, Wednesday & Thursday

12:00-4:00pm

Donation are accepted on days they are open (Blue bins)

The Thrift Store provides low cost clothing to anyone who wishes to purchase them. Also, provides household goods and furniture at low cost and at no cost to fire or flood victims and those in need.

Self Help & Support



Alzheimer's Society

Alberta & Northwest Territories

The Alzheimer Society of Alberta and Northwest Territories brings awareness to Alzheimer's disease and other dementias; helps alleviate the personal and social consequences of the disease; provides education and support programs; and, promotes and funds research into the cause, prevention and cure. To learn more about our approach to person-centered care, contact us at one of our Regional Offices or toll-free at:

1-866-950-5465.

Grande Prairie office: 9823 116 Ave #102,

Phone: (780) 882-8770

Edmonton Office: #306, 10430 61 Avenue

Phone: 780-488-2266

Email: reception@alzheimer.ab.ca

Website: <https://alzheimer.ca/ab>

Blue Heron Support Services Association

Blue Heron Support Services Association provides a wide variety of supports to Individuals in our community such as:

Children, adults and seniors with developmental disabilities

Adults living with an acquired brain injury

Adults under 65 years of age who are living in

Continuing Care facilities

Families impacted by FASD

Families requiring respite support

Alberta Brain Injury

Supports for Community Living

780-933-5342

780-933-1157

Alberta Aboriginal Women's Society

10011 102 Avenue, Peace River

780-624-3416

To assist Aboriginal Women, their families, and communities in furthering their social, economic, and educational goals by promoting available resources. Assist Aboriginal Women to form Chapters in their Regions for the benefit of their families and the Communities. Provide information and referral such as, Employment, Social Services, Education, Alcohol and Drug abuse, Health/Healing, HIV/Aids and Justice. Aboriginal Human Resources Skills Development Agreement: Employment counseling and training, client action plan development, supported job search, labour exchange services and other employment related services.

Family Resource Network

Peace Region

Our FRN Hub is an information centre for families with children aged 0-18. Family Education Facilitators are available to answer questions, provide evidence-based resources, connect families to community agencies and make referrals to services. Families can also attend programs that run at the hub in Peace River.

FRN also does programming in Manning

Love N Shine Playgroup

Parenting Sessions

Library Programs

Call 780-624-0770 for more information.

Check out the Facebook Page!

Website: <https://peacerriver.ca/frn/>

Metis Nation of Alberta Local Council #78

Region 6 Peace River

Phone: 780-624-4219

The metis nation of Alberta Local Council #78 is a Metis Cultural Community Development Organization providing support and information services to the Metis Aboriginal, and Non-Aboriginal people.

Check out Facebook page!

Self Help & Support



Money Mentors

A brighter path. A better future.
Money Mentors is a not for profit credit counselling agency providing unbiased advice.
Financial Education: Public Education, School Programs, & Debt Help
1-888-294-0076
Website: moneymentors.ca

Native Counselling Services of Alberta

206-10011 102 Avenue, Peace River
780-624-4622
The Court Work Program ensures that Aboriginal individuals and families understand their rights and obligations before, during and after court. Court Workers provide support and referrals to assist Aboriginal People in conflict with the law or child welfare to address their holistic needs in a culturally appropriate manner.

PACE – Community Support, Sexual Assault and Trauma

780-539-6692
Services include community training, individual and group therapy for adults and children of any gender who have experienced sexual assault/ abuse and trauma.

Peace Regional Restorative Justice

A process that invites people impacted by a harmful situation to come together to develop a mutually satisfying outcome.
10108-100 Ave
Peace river, AB
780-618-5811
prrrja@gmail.com

Sagitawa Friendship Centre

10108 100 Ave, Peace River
780.624.2443
Sagitawa serves as a drop-in center for all community members. We focus on cultural awareness and education with a variety of programs for all ages. Sagitawa also features a Native handicraft outlet
Check out the Facebook page!

Stepping Up

North Peace Society for Prevention of Domestic Violence

9613 100St, Peace River AB
780.624.8235
Offering support to men and women whose lives are impacted by family violence and abuse. Groups are offered for men and women and are 15 weeks in length. If you are concerned about yourself or someone you know, please call.

Northwest Child & Family Services Peace River Office

Provincial Bldg, Suite 105, 9621 – 96 Ave
Peace River, AB
Phone: 780.624.6460 Fax: 780.624.7108
Crisis Line: 1-800-638-0715
Our mission is to assist Albertans and to work in partnership with stakeholders and community-based agencies to lead and support programs and services for vulnerable children, youth and families. Located on the 2nd Floor of 9715 100 Street.

Salvation Army Family & Community Services

9613 90 Ave Peace River AB T8S 1G8
Phone: 780.624.5980

Self Help & Support

WJS Family Resilience Program (7-18)

Peace River / 780-624-1029

Family Support Workers use a strength-based approach to engage with families in their homes and communities. Areas of focus may include healthy relationships, attachment, positive discipline, mentoring, life skills, and child development.

Women's Shelter (Peace River Regional)

780-624-3466

1-877-624-3466

<http://www.prrws.com/>

The shelter provides a safe, supportive environment for women leaving an abusive situation, for women in crisis and transient women in need. Clients are welcome to bring their dependent children. The shelter provides all basic necessities including food, toiletries, used clothing, transportation to appointments and some child care. Crisis intervention, emotional support, education on abuse, risk assessment, safety planning and advocacy are also offered. The shelter provides outreach services to abused women who do not wish to access our residential program. Women who set up their own households after leaving the shelter may receive weekly follow-up visits for up to three months. Public information sessions on abuse-related topics are available. There is no charge for any service offered by the shelter.